



Smart Technology,  
Made to Care



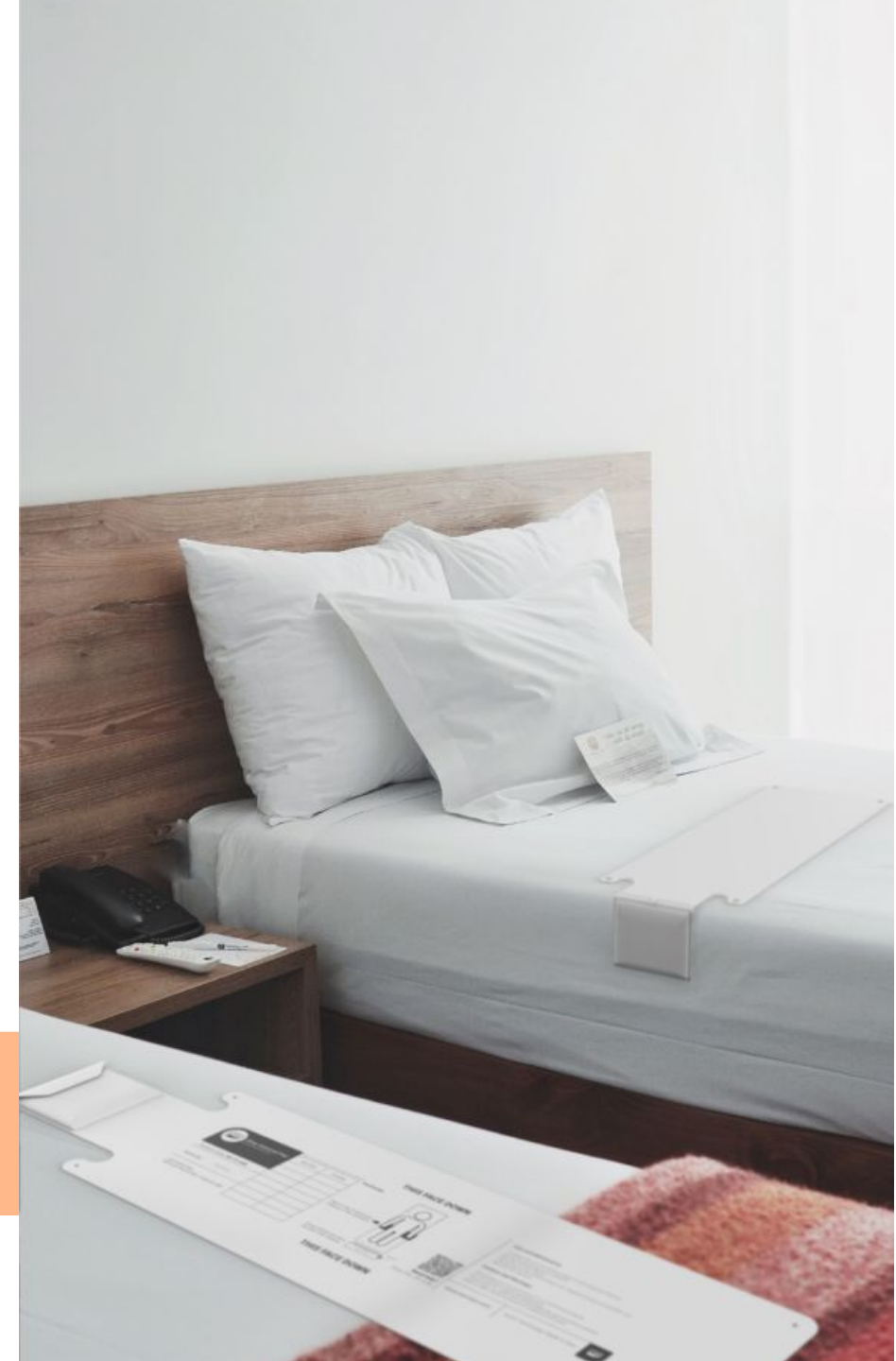
**Innovative, Interoperable  
Telecare Solutions**

Sit/Sleep Advanced Quick Reference Guide

[we-cair.com](http://we-cair.com)

# Contents

- Page 3 - How it Works/Positioning
- Page 4 - Turning On/Off and Programming the Modes/Options
- Page 5 - Modes/Options and Repeating Alerts
- Page 6 - Absence Delay
- Page 7 - Registering to a Notifier / Other System



# Sit/Sleep Advanced

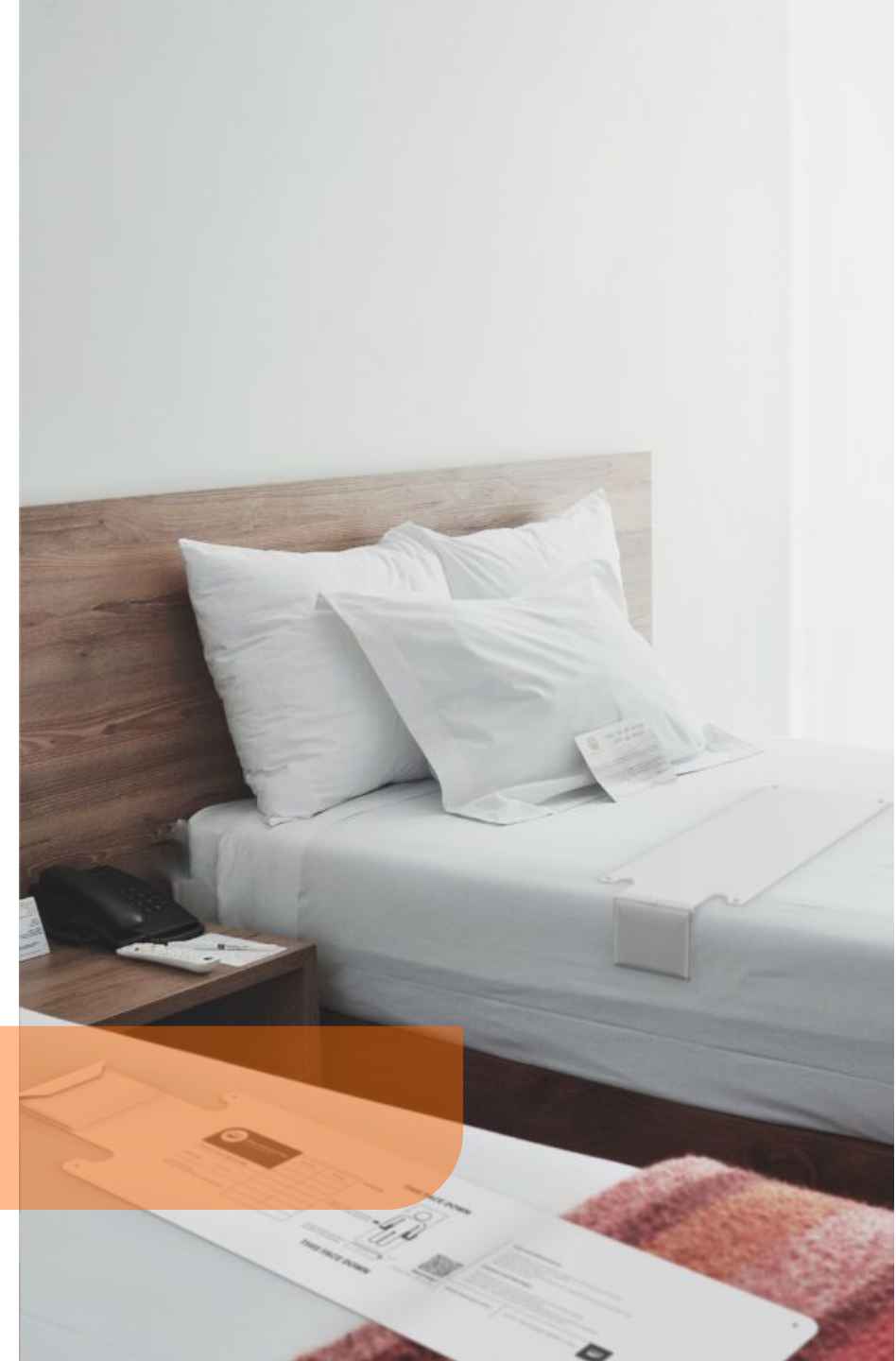
## How it Works / Positioning

The device consists of a bed or chair sensor with a pocket to house a small control unit called the Detect Mini.

The sensor should be positioned with the flat part of the mat on top of the bed or chair with the Detect Mini pocket folded down the side of the mattress or chair cushion.

The Detect Mini will become active when weight has been applied to the bed/chair pad for more than 3 seconds. LED1 will illuminate during this period. When weight is lifted from the pad, a radio signal will be transmitted when the Absence Delay expires.

The Detect Mini has an on/off switch, a 10 position dial and a programming button. Two LED indicators aid programming and testing.



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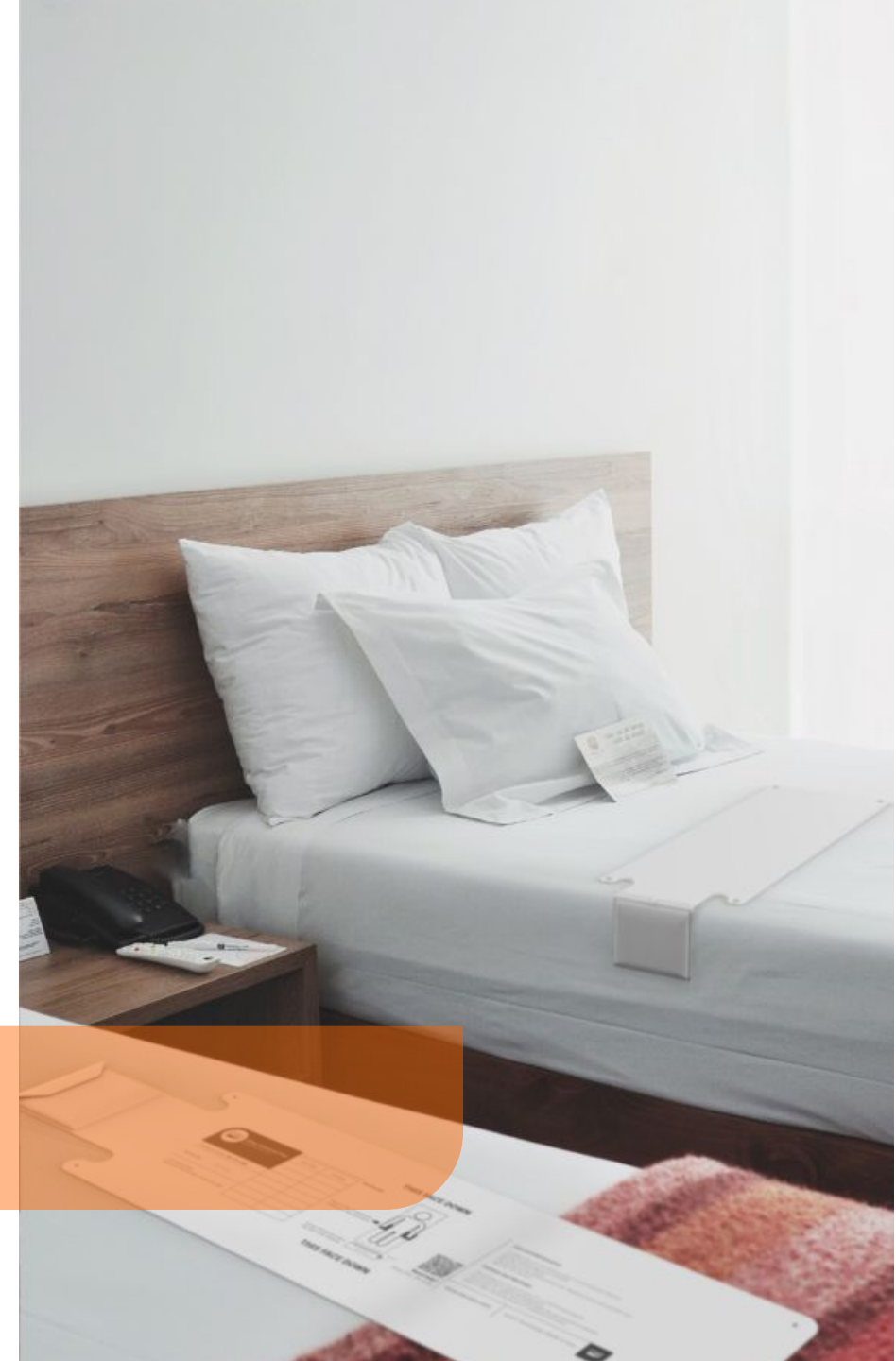
## Switching On/Off and Programming the Modes/Options

**Switching on:** Slide the on/off switch at the side of the Detect Mini towards On.

**Switching off:** Slide the on/off switch at the side of the Detect Mini towards Off.

To program the modes/options, use the following method:

- Turn the dial to the desired setting.
- Press the button momentarily using a suitable instrument. LED2 will flash green when the button is pressed.
- When the button is released, LED2 will flash a number of times to confirm the chosen mode/option number.
- Set the absence delay as described on the Absence Delay page.



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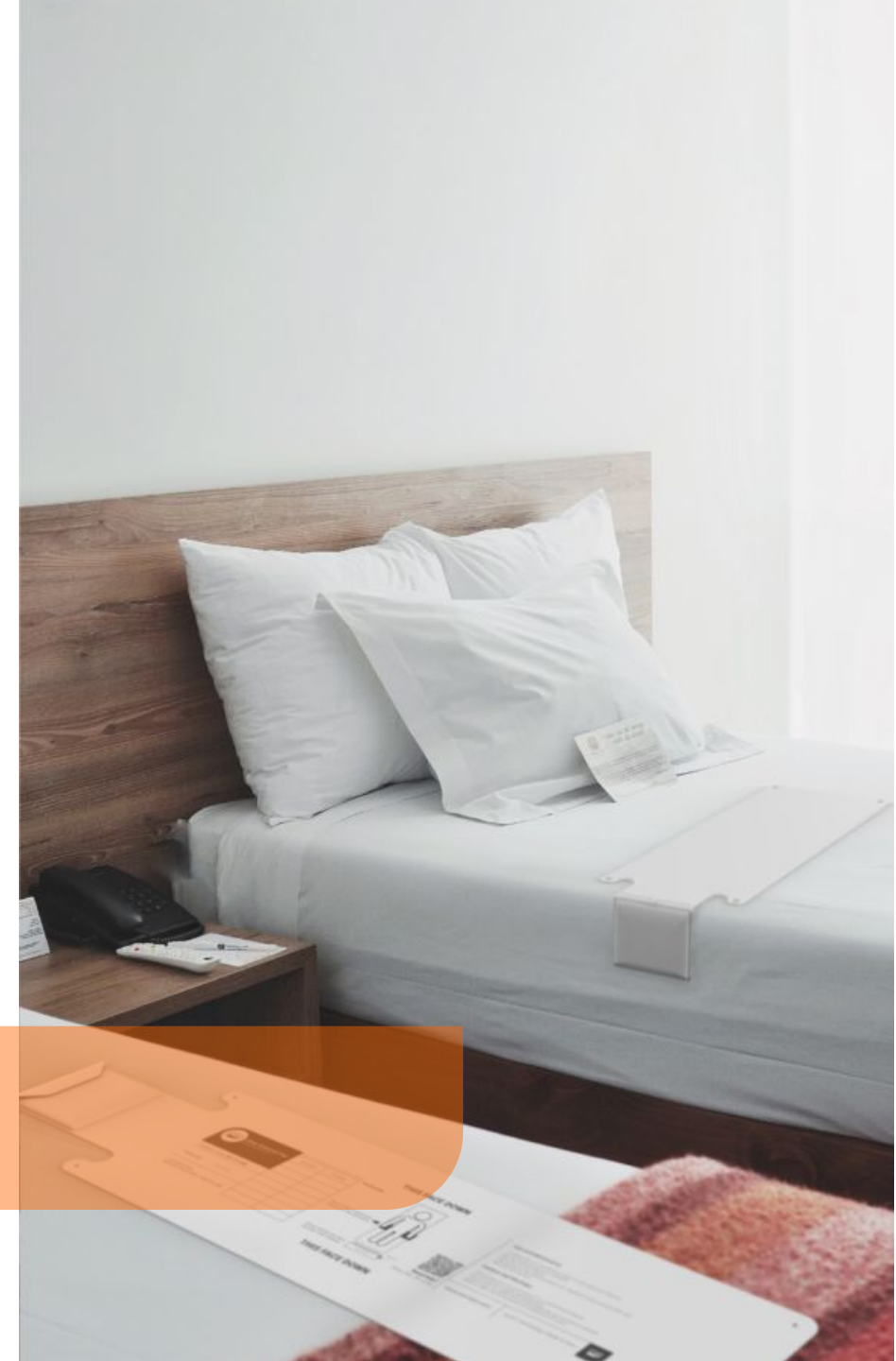
## Modes/Options and Repeating Alerts

- Mode 1. Bed/Chair Absence (**Default**)
- Mode 2. Virtual Bed/Chair
- Mode 3. Enuresis Mode
- Mode 4. Pressure Mat Mode
- Option 9. Factory Default

### Repeating Alerts

The Detect Mini can send repeating radio messages every 2 minutes after the bed or chair is vacated. If the bed/chair becomes occupied again, the repeating alerts will stop

- To program, turn the dial to the desired number of repeats then press and hold the button for 7 seconds until LED2 illuminates red. Positions 1-9 correspond directly with the number of repeats. Position 0 will switch repeats off (**default**).
- Choose 0-9 on dial.
- Press and hold the button for 7 seconds until LED2 illuminates red, then release the button.
- LED2 will flash amber to indicate the number of programmed repeats.

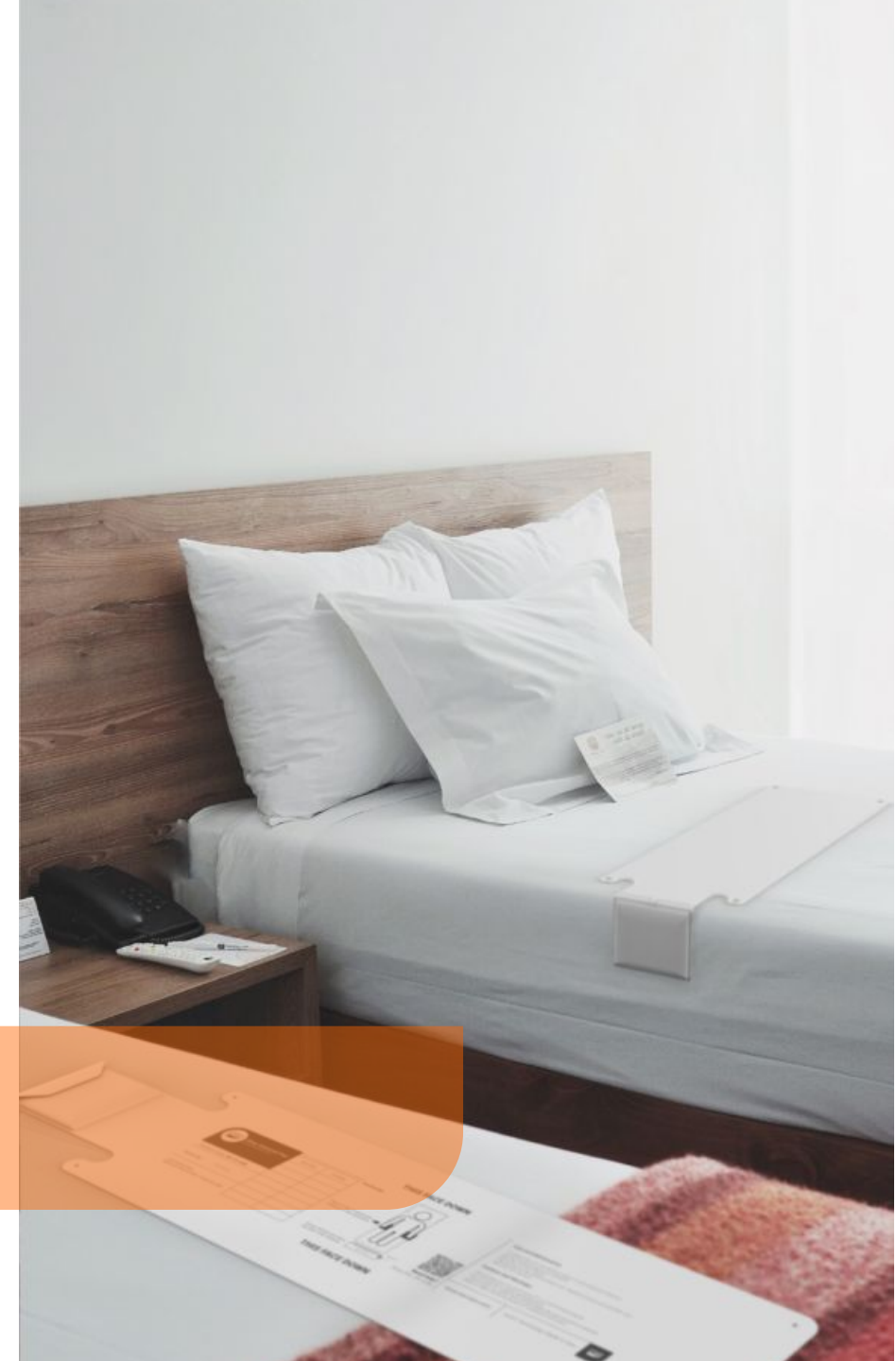


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## Absence Delay

Once the modes/options have been programmed, simply turn the dial to the desired number which matches the delay time required. There is no need to press and hold the internal switch afterwards. The absence delay options are:

- 0 – 0.5 Second
- 1 – 3 Seconds
- 2 – 5 Seconds
- 3 – 20 Seconds
- 4 – 1 Minute
- 5 – 5 Minutes
- 6 – 15 Minutes
- 7 – 30 Minutes
- 8 – 45 Minutes
- 9 – 60 Minutes

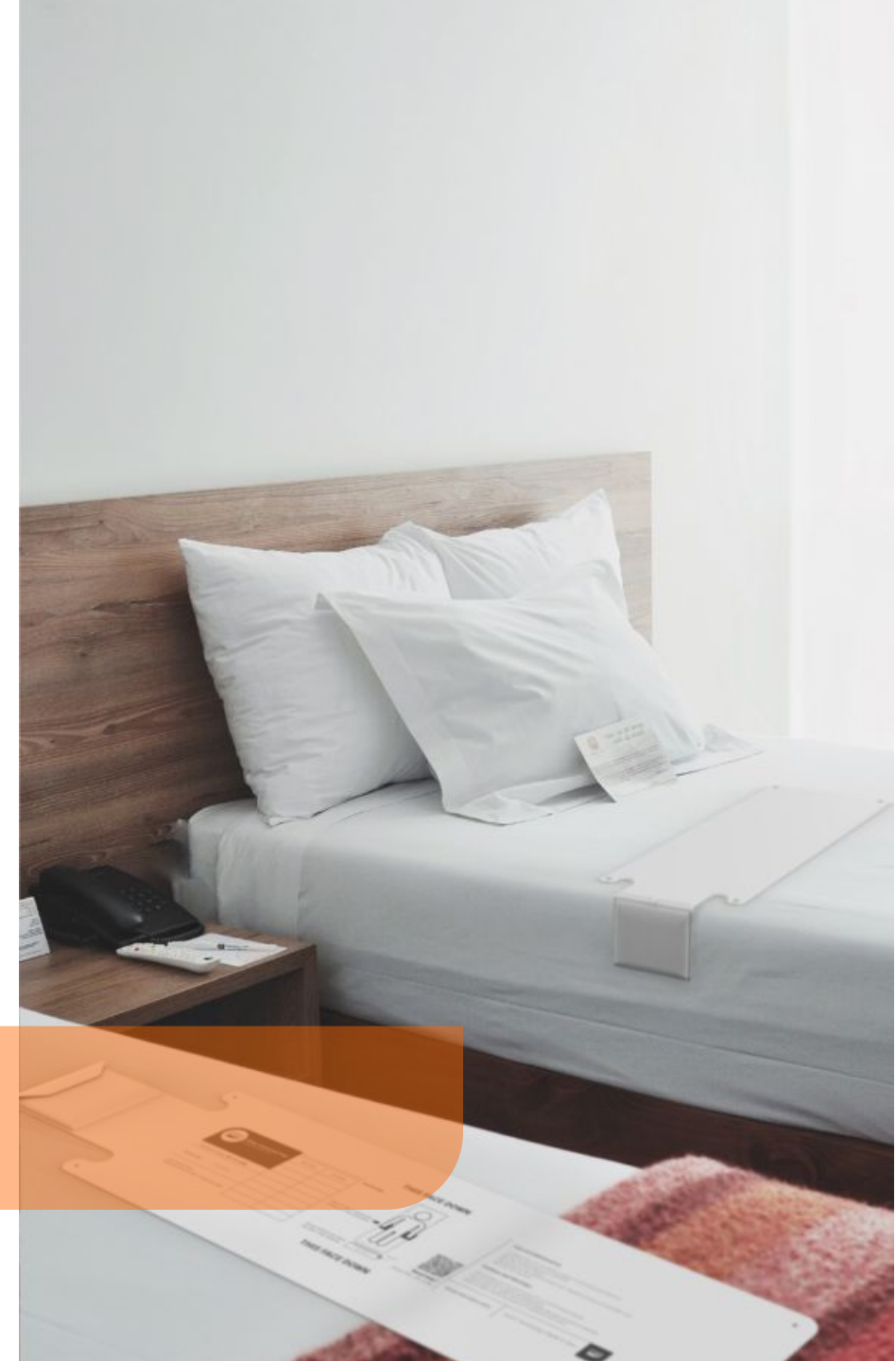


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Registering to a Notifier / Other System

- Program the Detect Mini to either Mode 1 or 2 (Mode 1 is default)
- Sit on the pad
- Prepare the Notifier/other system by entering registration mode
- Activate the Detect Mini by vacating the pad
- The Notifier/other system should acknowledge the new device



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# Thank you



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